

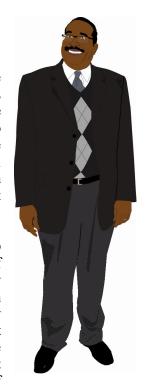
April 2010 Volume 2, Issue 4



#### Greetings,

I am sure you have now seen in our last few issues of the Evolution how we are profiling the members of the Governor's Minority Management Trainee Program (GMMTP). These profiles are intended to raise awareness about the individuals who are representing your agencies and for other agencies to see the talents of the participants. It is our hope in ODE that you all will read these profiles and strongly consider the program participants for upward mobility when management opportunities become available.

Our efforts at highlighting the participants are only the first step in helping with the selection process, another step is for each of you to spend some time with the trainees in your agency. Try being proactive and take the time to get to know them professionally and personally. Introduce them to your agency heads, executive directors and commissioners. Allow them to sit in on high level staff meetings so they can experience the decision making process first hand. When a special project comes along, give them a shot at heading it up or some type of



leadership role that will allow them to challenge their limits and grow internally as the Program is intended. This can be a win, win opportunity for both the trainee and the agency.

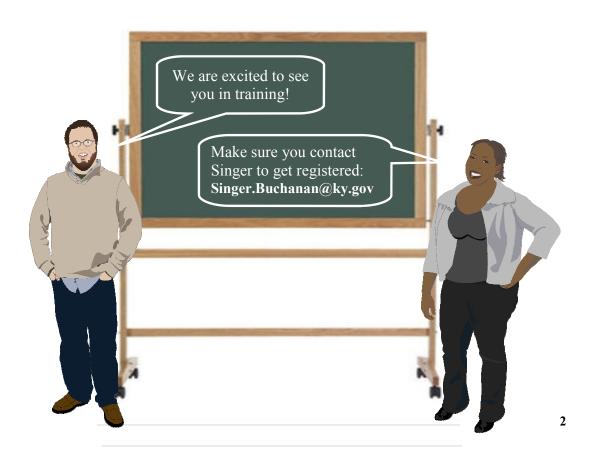
The last point I want to discuss this month is the agency sponsored events for the GMMTP. The time is coming for our trainees to see what each cabinet is all about. We would like for all of you to host an event and invite the GMMTP to your locations so they all will have a overview of the Commonwealths programs and purposes. Please work with your trainees in developing dynamic presentations which will inform the others of why you do what you do. Colene Elridge is the program coordinator in ODE for the GMMTP and she is a great resource to help you get started with this process. She can be reached at 502-564-8000 or Colene.elridge@ky.gov

Thank all of you who are helping promote the activities of ODE. Without you're assistance the work we do is only theory, with your help, it is practical and hopefully beneficial to those we serve throughout state government. If you have any questions or comments, our eyes and ears are open to what you have to say.



For the 2010 Calendar Year the Office of Diversity & Equality will be providing the following training opportunities for Anti-Harassment and Diversity. To register contact Singer Buchanan at Singer.Buchanan@ky.gov.

Date	Audience	Title	(GSC) Room	Time
05/19/10	State Employees	Anti-Harassment	539	9am - 12 pm
	State Employees	Diversity	539	1pm - 4 pm
06/16/10	State Employees	Anti-Harassment	539	9am - 12 pm
	State Employees	Diversity	539	1pm - 4 pm
07/21/10	State Employees	Anti-Harassment	539	9am - 12 pm
	State Employees	Diversity	539	1pm - 4 pm
08/18/10	State Employees	Anti-Harassment	539	9am - 12 pm
	State Employees	Diversity	539	1pm - 4 pm
09/08/10	State Employees	Anti-Harassment	539	9am - 12 pm
	State Employees	Diversity	539	1pm - 4 pm
10/20/10	State Employees	Anti-Harassment	539	9am - 12 pm
	State Employees	Diversity	539	1pm - 4 pm
11/10/10	State Employees	Anti-Harassment	539	9am - 12 pm
	State Employees	Diversity	539	1pm - 4 pm





## May is Asian/Pacific American Heritage Month



Japanese Cherry Trees surround the Jefferson Memorial in Washington DC.. A gift from Tokyo Mayor Yukio Ozaki to the city of Washington in an effort to enhance the growing friendship between the United States and Japan and to celebrate the continued close relationship between the two nations.

Please visit our Asian/Pacific American Heritage Month webpage:

http://personnel.ky.gov/diversity/asianpacificamerican.htm

Here you will find a brief history of Asian/Pacific American Heritage Month, a timeline of important events in Asian/Pacific American History, biographical spotlights of influential Asian/Pacific Americans in the Arts, Business, Government, Science and Sports, and links to various Asian/Pacific American educational, cultural and organizational resources!

#### **KY Human Rights Commission to Hold Listening Tour**

The Kentucky Commission on Human Rights, which is celebrating its 50th anniversary as a state agency this year, is inviting the public to attend its "Listening Tour," in Lexington, on Tuesday, May 4, from 6:30 to 8:30 p.m. at the Lexington Public Library located at 140 East Main Street

The Listening Tour Series began in January to raise Kentuckians' awareness of civil rights and equal opportunity. A stop for Hopkinsville is scheduled at 6:30 to 8:30 p.m., on Thursday, May 6, at the Hopkinsville Municipal Building, 101 North Main Street, Hopkinsville, Ky.

The tour will continue in other regions throughout 2010.

The Commission is producing the "Listening Tour" to gather information from residents and local officials about civil and human rights. The state human rights commission will use the information from the "Listening Tour" to help improve its services and assist the local human rights commissions located in various Kentucky cities and counties. The event is free and the public is invited to attend.

For more information, please contact Mary Ann Taylor at (800) 292-5566, ext. 37.



# Accommodation and Compliance Series: Employees with Fragrance Sensitivity

By Tracie DeFreitas Saab, M.S. from Job Accommodation Network (JAN)

#### **Information about Fragrance Sensitivity**

#### What is fragrance sensitivity?

Fragrance sensitivity may be an actual allergy or a simple irritation. It can be difficult to diagnose which is occurring. In addition, fragrances are composed of many different chemicals. This can make it difficult to identify if the sensitivity is to one particular chemical or to a combination of chemicals (Allergy Health Online, 2007).

Typical reactions to fragrances include breathing problems, asthma, and contact dermatitis (an itchy and inflamed skin rash). Once a person has developed fragrance irritation it is likely that the sensitivity will grow over time and with repeated exposure. Certain chemicals may be sensitizers at high levels of exposure and can result in sensitivity to the chemical at much lower levels after initial exposure (Allergy Health Online, 2007).

#### What are the symptoms of fragrance sensitivity?

Fragrances can enter the body through inhalation, ingestion, or absorption. The first indicator of a fragrance irritation or allergy is usually a skin rash after the use of a perfume, cream, or lotion. Reactions can also take other forms, including: hives; nausea; dizziness; headache; itchy skin, eyes, and nose; runny nose; wheezing; coughing; eczema; difficulty breathing; sore throat; asthma attacks or asthma—like symptoms; and strange tastes in the mouth. The severity of symptoms varies from one individual to another. Symptoms can show up over a wide time range from a few minutes to seven to ten days (Allergy Health Online, 2007).

#### How is fragrance sensitivity prevented and treated?

The best way to prevent fragrance sensitivity is to avoid the offending substance. Discussing the fragrance sensitivity with people at work and at home will help to limit exposure to other people's fragrances. Careful examination of product labels is also important. A product labeled "unscented" does not mean it is fragrance free, merely that it has no perceptible scent. A fragrance may have been added to the product to mask scent. While such a trace amount of fragrance is unlikely to cause irritation, it may trigger allergic reactions in people with fragrance allergies (Allergy Health Online, 2007).

Fragrances added to products to mask scent do not have to be labeled as ingredients. A label that is marked "perfume free" or "fragrance free" is more likely to contain no fragrances. Sensitive people may wish to consult a dermatologist for recommendations on fragrance free skin products or an allergist for recommendations on avoiding a variety of scented products (Allergy Health Online, 2007).

#### Fragrance Sensitivity and the Americans with Disabilities Act

#### Is fragrance sensitivity a disability under the ADA?

The ADA does not contain a list of medical conditions that constitute disabilities. Instead, the ADA has a general definition of disability that each person must meet (EEOC, 1992). Therefore, some people with fragrance sensitivity will have a disability under the ADA and some will not.

#### (Continued from Page 4)

A person has a disability if he/she has a physical or mental impairment that substantially limits one or more major life activities, a record of such an impairment, or is regarded as having such an impairment (EEOC, 1992). For more information about how to determine whether a person has a disability under the ADA, visit <a href="http://askjan.org/corner/vol02iss04.htm">http://askjan.org/corner/vol02iss04.htm</a>.

Is an employer required to implement a fragrance policy as an accommodation? JAN (Job Accommodation Network) discusses the implementation of a fragrance policy as an option to consider when addressing possible accommodations. An employer could choose to make a request that employees voluntarily refrain from wearing fragrances or the employer could go as far as creating a policy that requires employees to refrain. An employer has the right to decide how far is reasonable when implement-

to refrain. An employer has the right to decide how far is reasonable when implementing accommodations. Employers who have concerns about the legalities of implementing a fragrance policy as an accommodation should consult an appropriate legal professional.

#### **Accommodating Employees with Fragrance Sensitivity**

Note: People with fragrance sensitivity may develop some of the limitations discussed below, but seldom develop all of them. Also, the degree of limitation will vary among individuals. Be aware that not all people with fragrance sensitivity will need accommodations to perform their jobs and many others may only need a few accommodations. The following is only a sample of the possibilities available. Numerous other accommodation solutions may exist.

#### **Ouestions to Consider:**

- What limitations is the employee with fragrance sensitivity experiencing?
- How do these limitations affect the employee and the employee's job performance?
- What specific job tasks are problematic as a result of these limitations?
- What accommodations are available to reduce or eliminate these problems? Are all possible resources being used to determine possible accommodations?
- Has the employee with fragrance sensitivity been consulted regarding possible accommodations?
- Once accommodations are in place, would it be useful to meet with the employee with fragrance sensitivity to evaluate the effectiveness of the accommodations and to determine whether additional accommodations are needed?
- Do supervisory personnel and employees need training regarding fragrance sensitivity?

#### **Accommodation Ideas:**

- Maintain good indoor air quality
- Discontinue the use of fragranced products
- Modify workstation location
- Modify the work schedule
- Provide an air purification system
- Modify communication methods
- Modify or create a fragrance-free workplace policy

For information about improving indoor air quality, see "An Office Building Occupant's Guide to Indoor Air Quality" at <a href="http://www.epa.gov/iag/pubs/occupgd.html">http://www.epa.gov/iag/pubs/occupgd.html</a>.

#### (Continued from Page 5)

#### Sample Policy Language:

The following are examples of fragrance-free workplace policy statements.

Anonymous City Law Enforcement Agency Policy: "To reasonably accommodate bureau employees who have written memoranda documenting chemical sensitivity to perfume, employees will wear no perfume or cologne during business hours when they are scheduled to be within the bureau during their shift. This policy will not affect those bureau employees who are in an off-site training class, on city business, or out of the office for an entire shift."

Anonymous Employer: "(Name of employer) strives to ensure the comfort and safety of staff and visitors by encouraging a smoke free and fragrance free environment."

Anonymous State Community Development Agency, Employee Administrative Bulletin: "Given that chemically sensitive individuals may react to different products with widely varying degrees of severity, it is very difficult to ensure a consistently comfortable and accommodating work environment under every conceivable set of circumstances. Even so, it is the general consensus of the Labor/Management Committee and the desire of the (company name) to minimize to the extent possible the barriers and difficulties experienced in the workplace by both employees and clients subject to chemical/fragrance sensitivities. The (company name) requests that all offices and spaces used by the staff and their visitors remain free of chemical-based scented products."

Anonymous Employer, Staff Memo from Executive Director: "I ask that we refrain from applying spray colognes, hairsprays, and or air fresheners in the office, as the use of such products may trigger allergic reactions and create health problems."

Anonymous Employer, Administrative Manual Policy, Subject: Employee Appearance: "Cologne, perfume, aftershave lotions, scented lotions, or body washes are not to be worn in the Medical Center"

State Protection and Advocacy Agency: "This is a fragrance free office. Thank you for not wearing any of the following: cologne, after shave lotion, perfume, perfumed hand lotion, fragranced hair products, and/or similar products. Our chemically-sensitive coworkers and clients thank you."

Anonymous Employer: "This is a fragrance free office. Please help us to accommodate our co-workers and clients who are chemically sensitive to fragrances and other scented products. Thank you for not wearing perfume, aftershave, scented hand lotion, fragranced hair products, and or similar products."

Anonymous Employer, Memo to All Staff: "You may have noticed the signs up on the front door and on the library doors stating that this is a fragrance-free office. Please cooperate with this request because there are several of us on staff and visitors to our office who are chemically sensitive to varying degrees. Our bodies have a hard time when we come into contact with a variety of chemicals and each episode takes its toll on our bodies. Please use only unscented products during work hours. This does not include deodorant or bath soap at this time."

U.S. Access Board: "Under this policy, the Board requests that all participants refrain from wearing perfume, cologne, and other fragrances, and use unscented personal care products in order to promote a fragrance-free environment. This request is included in notices and on displayed signage for the Board's meetings, hearings, and other public events. In addition, the Board will work with the operators of meeting sites to prevent the use of deodorizers and cleaning products immediately before the event in and around meeting locations."

#### (Continued from Page 6)

The Access Board is an independent Federal agency devoted to accessibility for people with disabilities. The Board has adopted a policy to promote access for individuals who are sensitive to fragrances at <a href="http://www.access-board.gov/about/policies/fragrance.htm">http://www.access-board.gov/about/policies/fragrance.htm</a>

#### **Products:**

There are numerous products that can be used to accommodate people with limitations. JAN's Searchable Online Accommodation Resource (SOAR) at <a href="http://askjan.org/soar">http://askjan.org/soar</a> is designed to let users explore various accommodation options. Many product vendor lists are accessible through this system; however, upon request JAN provides these lists and many more that are not available on the Web site. Contact JAN directly if you have specific accommodation situations, are looking for products, need vendor information, or are seeking a referral.

#### Resources

#### References

Allergy Health Online. (2007). Fragrance irritation & allergies. Retrieved September 5, 2008, from <a href="http://allergy.healthcentersonline.com/cosmeticschemicalsmetals/fragrancesensitivity.cfm">http://allergy.healthcentersonline.com/cosmeticschemicalsmetals/fragrancesensitivity.cfm</a>

Equal Employment Opportunity Commission. (1992). A technical assistance manual on the employment provisions (title I) of the Americans with Disabilities Act. Retrieved September 5, 2008, from <a href="http://askjan.org/links/ADAtam1.html">http://askjan.org/links/ADAtam1.html</a>

National Institutes of Health, National Institute on Alcohol Abuse and Alcoholism. (2007). FAQ for the General Public. Retrieved September 4, 2008, from <a href="http://www.niaaa.nih.gov/FAQs/General-English/">http://www.niaaa.nih.gov/FAQs/General-English/</a>



## Golden State Mutual Life Insurance Company To Pay \$30,000 To Settle EEOC Retaliation Lawsuit

Employee Was Demoted as Punishment for Reporting Sexual Harassment Complaint, Federal Agency Charged

http://www.eeoc.gov/eeoc/newsroom/release/4-20-10.cfm

Selden Fire District To Pay \$263,360 To Settle EEOC Age Discrimination Suit Long Island Fire District Barred Firefighters Over 55 From Receiving Service Credits in Retirement Benefits Program, Federal Agency Charged <a href="http://www.eeoc.gov/eeoc/newsroom/release/4-23-10a.cfm">http://www.eeoc.gov/eeoc/newsroom/release/4-23-10a.cfm</a>

#### EEOC Obtains \$122,500 from Houston Construction Company for Religious, Race and National Origin Discrimination

Pace Services Treated Islamic, Black and Hispanic Employees Unfairly,
Federal Agency Charged

http://www.eeoc.gov/eeoc/newsroom/release/4-22-10.cfm

# **GMMTP** Spotlight

Throughout 2010, ODE will be spotlighting current members of the Governor's Minority Management Trainee Program. We appreciate your continued support of these individuals during their journey to become the "leaders they were meant to be."



#### **Monica Valentine**

**Position:** Training Administrator

Cabinet/Agency: Human Resources, Kentucky Retire-

ment Systems

**Length of Service:** 6 Years with the Commonwealth of

KY including 3.5 Years with KRS

**Educational Background:** M.A. Public Administration with Human Resources Concentration & B.A. English,

Kentucky State University; Masters Certification to Teach English as a Second and Other Language, University of Alabama in Huntsville

**Community Involvement:** Grant Writer for the Kings Center/Faith United, Inc. Motivational Speaker (volunteer) for the *Simon House*. Volunteer for *Avenues for Women* and *Pray for a Legislator* through First Assembly of God Ministries.

**Professional Strengths:** Founder and Independent Consultant for IDEA, LLC (Inspiring Dynamic, Empowering Attitudes) specializing in professional development, motivation, and leadership. Currently coordinating a partnership between the Personnel Cabinet and Kentucky State University's School of Public Administration, that will provide projects for students with a focus on knowledge management, training and development, process flow, and standards of practice.

*Motto:* Great minds discuss ideas; average minds discuss events; small minds discuss people. ~ Eleanor Roosevelt



Desi D. Brooks

Position: Jail Consultant/KEMP Mediator

Cabinet/Agency: Justice and Public Safety/Department

of Corrections Division of Local Facilities

**Length of Service:** 14 years

**Education:** Sullivan University, Masters of Science in

Dispute Resolution

**Community Involvement:** Fayette County Citizens Foster Care Review Board Volunteer

**Professional Strengths:** Communication skills; Multi-Tasker; Conflict Management; Training Development; 2007 Commissioners Executive Leadership Program Graduate

**Motto:** "Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome." - Booker T. Washington



"Uniformity is not nature's way; diversity is nature's way."

-Vandana Shiva, Philosopher & Eco-Activist





### Office of Diversity and Equality

501 High Street, 3rd Floor Frankfort, KY 40601

Arthur Lucas, Executive Director Singer Buchanan, State EEO Coordinator Colene Elridge, HR Specialist III Clinton Morris, Executive Assistant

> 502-564-8000 http://personnel.ky.gov/diversity



Let ODE know how we can help!

Give us a call.

Drop by for a visit!

We look forward to hearing from you!